S A self-confessed hippy who enjoyed a career in music and the arts, Hanna Vasyk makes an unlikely soldier. With her striking eatures and fondness for jewellery including a gold-hoop nose piercing - the peace-loving former music industry

First appearances, however, are deceptive. And although for a time Hanna feared she lacked the courage to serve on the frontline, or whether she could face the loss of freedom required to be in the military, those self-doubts were misplaced.

home on the catwalk than the battlefield.

Today Hanna, 38, has not only proved to be an outstanding combat medic but she is now working in recruitment for the Ukrainian Armed Forces.

She is passionate about the need for Ukraine to win its war with its brutal

"I don't want to simply stop Russia - I want Russia to be destroyed so they can never do this again," she says with steely determination.

Hanna is one of the tens of thousands of women – both military personnel and civilians – who are playing a crucial role in their country's fight for survival, nearly three years into its all-out war. Stylish with short, cropped black hair, she agrees to be interviewed at the headquarters of Arm Women Now, which is based in the Ukrainian capital of Kyiv and seeks to empower the nation's female defenders.

Typically, Hanna, who has travelled to more than 40 countries in her search for adventure, was abroad on February 24, 2022, when Russia launched its all-out invasion of Ukraine. In fact, she was 5,000 miles from her homeland in a remote part of Uganda, where she had gone to recharge her batteries and see gorillas in the wild.

Family and friends sent messages that her country was under attack so she cut short her holiday and flew back to Europe.

"It was a really shocking moment for me," she admits. She then flew to Berlin, Germany, where she had good contacts from her work in the music industry.

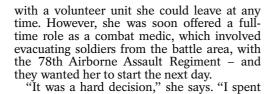
Initially, she planned to return to Ukraine quickly but, when her coach ticket home was cancelled, she decided to stay in Berlin and help her country from abroad, using her PR and other skills. "However, I soon felt unfaithful towards my country and I was diagnosed with clinical depression," she says. "So I returned to Ukraine in October and immediately felt comfortable there and my energy levels returned."

IVING in Kyiv and fearing a new Russian offensive, Hanna made careful preparations to defend her homeland: namely, she bought a rifle and learnt to shoot. "I had never held a gun before but I wanted to become as fast and as skilful as the person who would be trying to kill me," she says. She also studied firstaid and medicine so, by June 2023, she was ready to take her next step.

Speaking in fluent English, she tells me: "I thought to myself, 'The army desperately needs people and, with my new knowledge, I can help them.' But I was reluctant to take on the role of combat medic because I thought, 'How will I perform under a shelling and if I have to help a person with a real wound or who has lost a leg?' So I thought I would instead try to help with army PR, communications or even military intelligence.

Hanna sent her CV to several regiments, including volunteer units. Worried she would not cope with the discipline of the military, she felt that

In the first of two exclusive dispatches from Ukraine, Vasyk who explains why no one should underestimate the women forced to take up arms by Russia's invasion



several hours analysing everything. I realised that the No1 task for Ukraine is to finish the war and defeat Russia. Why should I sit and wait or expect someone else to do it for me?

will have tried and I will switch my energy and interests to somewhere else.' I love the Ukrainian idiom, 'The eyes are scared but the hands are working.' ] hoped that, if I did not die, I would find my way." She enrolled as a combat medic on June 20, 2023, with the intention of staying in the army until the end "I was concerned for my safety but I worked through my fears of death, amputations and heavy wounds during my training," she says.

"I thought, 'I will do all I can and, if I fail, I

"Becoming a prisoner of war, particularly for a woman, would be really bad

thought, 'I will get a super-cool, contemporary down anyone who was screaming in pain or and when I came back I saw this blinking ered and is, once again, prosthetic and become a fashion model or an fear. She says of her work: "We have a saying, light on the roof of our building. I was terri- enjoying her work actress!' You can turn a weakness into a 'If you are not scared, you are either crazy or deployed to the Zaporizhzhia district close to for my values - for people's freedom to do blinking light and it was a cat! I felt so stupid rank of sergeant. the eastern Ukraine frontline and by then she and to say what they want within the laws of but also relieved. was desperate to test her courage and skills.

"On my first day, it was our counter-offenwere trying to hide but, with 500kg [enemy] air-bombs, there was nowhere to hide. It was super-scary and I was super-nervous. There was concentrating so hard that I was not were lots of explosions: mortar and artillery scared at all. In a situation of total chaos, I felt shells. There was a very experienced male comfortable. I could turn off my emotions and sniper with us and he went white so I thought, 'If he is scared, then we are done for."

As a medic, Hanna's role was to accompany the assault teams and wait close to the front line. She would then take the wounded by ambulance to the stabilisation point before they were taken to a military hospital.

For most of the time, she worked with a driver and another medic around two miles from the front line. During 24-hour shifts, up to six wounded soldiers would be brought to them at any one time. Hanna was trained to but, rationally, the chances were low. As help the most seriously injured first: to stem for having a traumatic amputation, I the bleeding, check their airways and calm

In August 2023, Hanna was dead.' But I coped and I knew I was fighting escape but then he used his torch to see the our country

"I know that I could not exist under Russian sive and, when our assault was going on, we rule - they would get rid of me super-fast - so I was fighting for my survival also.

"When I was working with the wounded, think, 'Who is the most badly injured? I must help him first.' My brain just shut down the noises around me and I tried to save lives."

Hanna says her most terrifying moment was when she was convinced Russian collaborators attitudes of men to women in the Ukrainian had carried out the practice of putting small lights on the roof of a building to enable the enemy to bomb it using drones.

"I went to pee in the middle of the nigh

fied," she says. "I got my driver so we could this time in military recruitment and in the

O FAR Hanna has never had to kill ism including suggestions that a woman's role was cooking borscht, the traditional Ukrainian soup. She even reported one of her commanders for his alleged bullying. However, she said forces, to improve their working conditions the situation is now improving regarding the and to appreciate their value defending their armed forces.

Immediately after her half year as an evacuation medic in the rank of soldier, Hanna was and the greatest injustice of the 21st century." diagnosed with PTSD but she now feels recov-

more than 67,000 women in Ukraine's armed forces. They constitute seven per anyone or even fire her rifle in anger. cent of the total force, with 45,500 holding However, she has endured some sexmilitary positions. Iryna Nykorak, a Ukrainian MP and the founder of Arm Women Now, is at the forefront of efforts to get more women in the country. She says: "Hanna's story is a won-

Earlier this year, it was

revealed there are

Hanna believes women need to think care fully before joining up but says she has found

"Whether you are talking about joining the

you'll never be successful or really able to help. It is important to choose a role you really like. Being in the army, particularly on the frontline, is hard but what helped me in the

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one died in my care. My other message for women is be ready to work 10 times harder

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difficult moments is that I loved my job. "As an evacuation medic. I loved the fact no

air strike on a southea

## derful example of how Ukrainian women are than men because, even if you are capable taking on the greatest challenge of our time you have to prove it time and again."

author and pollster. For more information on army or a civilian job, listen to yourself," she his work, visit lordashcroft.com. Follow him adds. "If you don't like what you are doing, on X/Facebook @LordAshcroft

